



Frank Kelley XC Invitational

Meet Sponsor:	Marathon Sports	Place:	Wrentham Developmental Center
Sanctioned by:	MIAA	Sponsored by:	Marshfield High School
Meet Director:	Dennis Sheppard	EMAIL:	dennis.sheppard@marathonsports.com
Date:	September 28, 2019	Time:	Division 2 9:30 am Division 1 1:20 pm

Sanctioning for the following states has been approved and athletes from member schools are allowed to compete in this invitational: Massachusetts, Rhode Island, Connecticut, New Hampshire, New York, and Vermont. Out of state teams will be notified of their division placement by the meet director.

Division 1 – MIAA EMass Divisions 1,2,3, CMass D1, WMass D1, non-MA schools: 1,000 or more 9-12 students
Division 2 – MIAA EMass Divisions 4,5,6, CMass D2, WMass D2, non-MA schools: under 1,000 9-12 students

Order of Races

9:30 am	Division 2 9-10 Girls Race - 3K
9:49 am	Division 2 9-10 Boys Race - 3K
10:06 am	Division 2 11-12 Girls Race - 3K
10:25 am	Division 2 11-12 Boys Race – 3K
10:42 am	Division 2 Open Girls Race - 5K
11:11 am	Division 2 Open Boys Race - 5K
11:37 am	Middle School Girls Race
12:04 pm	Middle School Boys Race
12:30 pm	Championship Girls Race - 7 per team [Division 1 & 2]
12:57 pm	Championship Boys Race - 7 per team [Division 1 & 2]
1:20 pm	Division 1 9-10 Girls Race - 3K
1:39 pm	Division 1 9-10 Boys Race - 3K
1:56 pm	Division 1 11-12 Girls Race - 3K
2:15 pm	Division 1 11-12 Boys Race - 3K
2:32 pm	Division 1 Open Girls Race - 5K
3:01 pm	Division 1 Open Boys Race - 5K

Time Limits With 16 races on the schedule, the MSTCA must follow a strict time schedule. Therefore, we are unable to time athletes who cannot meet the following standards for their race - the clock will be off, but the chute will still be open. These limits are established/reviewed by the MSTCA XC Committee each year.

Girls

Championship: 26 minutes

Open 5K: 28 minutes

HS 3K: 18 minutes

MS 3K: 26 minutes

Boys

Championship: 22 minutes

Open 5K: 25 minutes

HS 3K: 16 minutes

MS 3K: 24 minutes

Awards

Medals to finishers 1-25 in each race. Medals will be distributed in the chute.

Plaques to the Top 3 Teams in the Championship Races only.

Entry Information and Limits

- There is no need to declare which athletes are in which races prior to the date of the meet.
- Up to 7 athletes may be entered in each of the Championship races. Coaches are **not** required to enter any athletes in the Championship races.
- An unlimited number of athletes may be entered in the Open 3K and 5K races, but all athletes should be able to meet the time limit standards posted above.
- Younger athletes may be entered in the 11-12th Grade 3K races, but older athletes may **not** be entered in the 9-10th Grade 3K races.
- The middle school races are limited to athletes in Grades 5 - 8.
- The Championship races are open to teams from both Division 1 and Division 2.
- The Championship races are the only races which will be team scored.

Entry Deadline

Monday, September 23, 2019

All entries are done on www.directathletics.com. The MSTCA will offer the meet on DA to high schools and middle schools through separate invitations.

- Coaches of teams with only high school competitors should have their DA accounts connected to their high school and register their runners through this account.
- Coaches of teams with both middle school and high school competitors should have their DA accounts connected to their high school and register **both** their middle school and high school runners through this account.
- Coaches of teams with only middle school competitors should have their DA accounts connected to their middle school and should register their runners through this account.

Late Entry Policy

If a school misses the Monday deadline, the coach must contact and receive permission from the Meet Director to enter.

September 24: Late entry fee is \$50 per single gender team

September 25: Late entry fee is \$100 per single gender team

After September 25, no entries will be accepted. Late fees must be paid before your team is allowed to compete

Entry Fees: **\$16** per individual
 \$180 max per gender per school (**\$335 maximum per school if both b/g attend**)

Each school must notify the MSTCA's Finance Officer at mstca.billing@gmail.com of its payment plan for the entry fees prior to the day of the meet.

** If a school is using the MSTCA's Single Payment method, the school should notify the MSTCA via email and include any Purchase Order number which is attached to the Single Payment.

** If a school is paying with a Purchase Order for this meet only, the school should notify the MSTCA of the PO number via email.

** If a school is paying by check in advance, the school should mail the check to the address listed below and notify the MSTCA via email.

** If a school is paying by check on the day of the meet, the school should notify the MSTCA of this intent via email.

Please make checks out to **MSTCA** and mail to:

MSTCA
c/o Frank Kelley Entries
956 Turnpike Road, Unit D
Canton, MA 02021

MSTCA Tax ID # 04-3394224

MSTCA Single Waiver Each school must have their Principal and/or AD sign and accompany a team roster and must be submitted to MSTCA President Jim Hoar, 31 Campion Road, Yarmouthport, MA 02675 by September 18, 2019. Forms/Rosters may also be sent electronically to hoarj@dy-regional.k12.ma.us. See below or visit www.mstca.org for a copy of the waiver.

ADDITIONAL NOTES

- No grills, fires, or cooking is allowed at the Wrentham Development Center grounds.
- No dogs or other animals are allowed on the Wrentham Development Center grounds
- Coaches must keep their athletes from running between the buildings where patients reside.
- Remind your spectators that there is a \$5 parking fee per carload.
- All tents must be WEIGHTED & SECURED
- NO DRONES are allowed at any MSTCA events.